

COVID-19

Recovery Plan

The COVID-19 pandemic was confirmed to have spread to Malaysia on 25 January 2020. The World Health Organization (WHO) declared the pandemic as a Public Health Emergency of International Concern on 30 January 2020. Since then, the virus has spread to almost every country, and the spread has been rapid and deadly.

On 19 March 2020, one day after the Malaysian government announced the Movement Control Order to curb the further growth of positive cases in the country, MERCY Malaysia launched its COVID-19 Strategic Preparedness and Response Plan - a plan for humanitarian assistance to be delivered within a continuous cycle of total disaster risk management that focuses on prevention; preparedness; response; and recovery.

Although the current situation countrywide is improving significantly, MERCY Malaysia's response to the COVID-19 crisis remains active and dynamic. While public health concerns in maintaining a steady state of transmission control and the capacity to sustain intermittent spikes in case numbers are both foundational, a long-term COVID-19 recovery plan is required now. There is a diverse range of recovery needs that extend far beyond direct aid that require multisectoral participation.

JUNE - DECEMBER 2020

 <p>Epidemics/ pandemics risk reduction and management</p>	 <p>Infection prevention and control/ water, sanitation and hygiene (WASH)</p>
 <p>At-risk- community's livelihood support</p>	 <p>Critical preparedness, readiness and operations support</p>
 <p>Targeted COVID-19 testing for at-risk- community</p>	 <p>Mental health and psychosocial support (MHPSS)</p>

Moving on from the COVID-19 Strategic Preparedness and Response Plan to...

9 SUPPORT SERVICES/ COMPONENTS


33 PREPAREDNESS AND RESPONSE ACTIVITIES

500,000 AID RECIPIENTS IMPACTED DIRECTLY OR INDIRECTLY

9 MONTHS INTENSIVE OPERATIONS

40.5million FINANCIAL REQUIREMENTS*

COMPONENT 1
Critical preparedness, readiness and response support actions for MOH and CPRC




COMPONENT 2
Operational supplies support and logistics



COMPONENT 3
At-risk-community's livelihood support and logistics




COMPONENT 4
Infection prevention and control/ water, sanitation and hygiene (WASH)




COMPONENT 5
Mental health and psychosocial support (MHPSS)




COMPONENT 6
Information, education and communication (IEC) / awareness campaign




COMPONENT 7
Epidemics/ pandemics risk reduction



COMPONENT 8
Quarantine centers and field hospital auxiliary support



COMPONENT 9
Targeted mass COVID-19 testing



...a multisectoral, sustainable and inclusive COVID-19 Recovery Plan.



This plan is offered to define MERCY Malaysia's COVID-19 recovery context and to supplement existing plan with key principles and practices to guide recovery planning. It addresses needs extending across many sectors that include health, education, livelihood, public safety, water, sanitation and hygiene, and psychosocial.

What is it?

1. A process to ensure smooth transition from emergency to rehabilitation and development **addressing the changing needs and priorities.**
2. To help **protect and improve community's resilience** from the current crisis to better preparedness for the next wave and/or pandemic outbreak.
3. To push forward **sustainable outcomes** for existing and new programs.
4. To ensure **operational sustainability** of MERCY Malaysia's COVID-19 Strategic Preparedness and Response Plan.

Support services types and components

Activities

Outputs

Remarks and Status

RECOVERY 1



Epidemics/ pandemics risk reduction and management

Community-based risk reduction to strengthen elements and systems that are common to the management of risks from various hazards.

Provides direct support in the scaling up of country's readiness and response operations.

Effective risk communication and community engagement.

Community engagement and capacity exchange programs focusing on community resilience, livelihood and pandemic risk reduction through Building Resilient Communities (BRC) programs.

Production of information, education and communication (IEC) materials on risk communication, awareness, advocacy, programs and trainings.

Dissemination of messages aligned with MOH's and WHO's technical messages through innovative mediums and channels to allow effective risk communication and community engagement.

Fever Triaging Centre for Pandemics: formation of pandemic special cell

Community-based pandemic risk reduction and management programs for **100 communities.**

School preparedness program focusing on pandemic risk reduction at **100 schools.**

Urban resilience against pandemic risks programs **with 5 local government and other relevant stakeholders.**

12 webinars in collaboration with Asia Disaster Reduction and Response Network (ADRRN).

4 IEC material packages (local community, healthcare facilities, learning institutions, and workplace).

3 policy briefing papers on pandemic risk reduction and management.

Produce and publish **1 book/monograph** on the experience of managing and responding to the COVID-19 crisis.

Production and printing of **100,000 posters/flyers** on targeted messaging, and sharing of ready-to-print PDF files for downloads.

Production and sharing of videos and animation on targeted messaging.

1. Asset procurement
2. Pandemic response team TOR/ team formation
3. Training of trainers/ special cell

Support services types
and components

Activities

Outputs

Remarks and Status

RECOVERY 2



Infection prevention and control/ water, sanitation and hygiene (WASH)

Address technical and educational guidance on water, sanitation, hygiene and health care that is relevant to COVID-19 and pandemics.

Support community-at-risk in ensuring continuity of health and nutrition services throughout the response and recovery period.

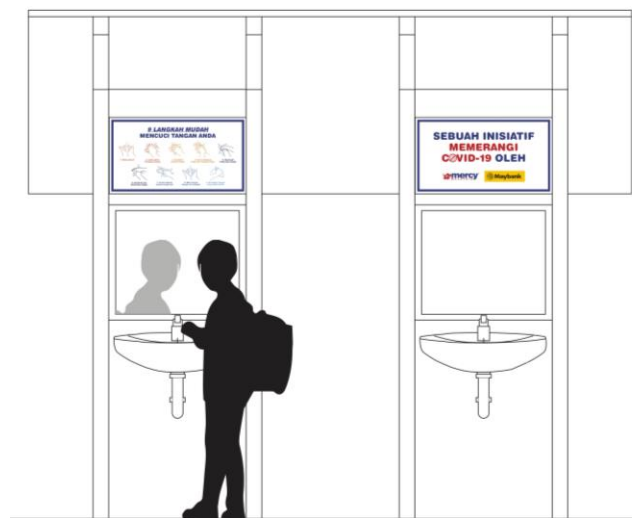
Applied WASH and waste management practices in communities and facilities to prevent transmission of COVID-19 virus.

Delivery of hygiene and cleaning kits (disinfectants, hand sanitizers, hand soaps, face masks).

- Supply of:
1. **1,000 bottles** of disinfecting bleach
 2. **5,000 bottles** of 500ml hand sanitizers
 3. **10,000** hand soaps
 4. **50,000** face masks

Construction of hand washing kiosks at targeted locations.

1. **100 schools** with hand washing/ cleaning stations
2. **500** foot-operated hand sanitizer dispenser for public wet markets.



Produce and disseminate guidance on best hygiene practices to reduce infection threats.

Production and printing of **10,000 posters/flyers** on targeted WASH messaging, and sharing of ready-to-print PDF files for downloads.

Support services types and components

Activities

Outputs

Remarks and Status

RECOVERY 3



At-risk-community's livelihood support

Livelihood support and food aid to targeted at-risk-communities.

Provision of essential non-food items and hygiene kits distribution.

Ensuring needed supplies and logistic support are highlighted on time and distributed to identified individual, families, communities, facilities and institutions.

Mobile food distribution for urban and rural poor communities where public transit is becoming more limited.

Food pack distribution for **30,000 families** from selected at-risk-communities. Food pack worth of **RM 150** consisting of:

1. Rice
2. Biscuits
3. Flour
4. Cooking oil
5. Sugar
6. Can sardines
7. Malt drinks
8. Other dry food

Cash aid transfer programming.

Transfer of **RM 200 cash** assistance to **5,000** B40 and at-risk group families.

PPE sewing workshop.

Produce **50,000 pieces** of high quality isolation gowns and other PPE items.

mercy for Malaysia

Every day, frontline health workers across the country need these supplies (and more) to protect themselves and others from COVID-19

COVERAL SUITS ISOLATION GOWNS PLASTIC APRONS SHOE COVERS FACE SHIELDS HEAD COVERS MASKS GOGGLES GLOVES

COVID-19 PANDEMIC FUND

Support us by donating through www.mercy.org.my or direct transfer to **MERCY Humanitarian Fund (MBB 5621 7950 4126)** or **MERCY Malaysia (CIMB 8000-7929-08)**. All donations are tax exempt. For receipt, email to: donation@mercy.org.my

Support services types and components

Activities

Outputs

Remarks and Status

RECOVERY 4



Critical preparedness, readiness and operations support

Support towards MOH in ensuring continuity of health and nutrition services throughout the recovery period and provide assistance to health facilities as part of infection prevention and control.

Support operational supplies and logistic for non-health facilities, institutions and MERCY Malaysia's COVID-19 Operations Hub.

Stockpiling and supplies of essential PPE items.

Hand gloves; face masks; isolation gowns; isolation coveralls; head covers; shoe covers; face shields; and hospital scrubs.

Support delivery of health care supplies.

Defibrillators; intubation boxes; powered air purifying respirator (PAPR); and other essential health screening and ICU equipment for response operations.

Delivery of supplies and logistics support based on request from operational centers and health facilities.

Tents; outdoor fans; electrical fittings; furniture for clinics' and field health center operations; and other support materials.

Capacity enhancement - human resource support at field hospitals/ screening points designated by MOH and CPRC.

Volunteers; subject matter experts/specialists; and/or project staffs for various areas of operations and support systems.

Manage and support MERCY Malaysia COVID-19 operational supplies and logistics throughout the recovery phase.

Vehicle fleet for logistics operations; data management and support systems; warehousing; and coordination and communication channels and support systems.

Output quantity will be determined based on updated needs information

Support services types and components

Activities

Outputs

Remarks and Status

RECOVERY 5



Targeted COVID-19 testing for at-risk-community

Conduct targeted mass testing to high risk and vulnerable groups nationwide. This include:

Citizens:

1. Rural populations
2. Orang Asli
2. Detention/prison
3. Newly identified clusters

Non-citizens:

1. Refugees
2. Immigrants
3. Stateless person
4. Migrant workers

10,000 RT-PCR test to selected communities (locations to be selected through consultation with MOH)

Viral Transport Media (VTM)

Test activity equipment (PPE) and test instruments

Logistics services for test sample collection from nominated facilities within 24 hours

Lab processing

Data analytics and reporting

RECOVERY 6



Mental health and psychosocial support (MHPSS)

Improve the well-being of communities who are at risk in dealing with COVID-19 issues.

1. Establish psychosocial support hotline
2. Conduct online one to one counseling and psychotherapy sessions via Doxy.me
3. Conduct online Psychological First Aid (PFA) trainings
4. Establish series of online webinars by experienced Industry professionals
5. Establish online support groups
6. Conduct Facebook Live Self Care Series

1. Running of sychosocial support hotline for 6 months
2. 56 online one to one counseling and psychotherapy sessions
3. Conduct online Psychological First Aid (PFA) trainings
 - 12 PFA trainings
 - 8 Parenting trainings
 - 8 Children related trainings
 - 4 Geriatric caregiver trainings
 - 4 Mental health and well being trainings
1. Publish 1 paper and 1 article on MHPSS COVID-19
2. 106 psychosocial sessions for frontlines
3. 22 Facebook Live Self Care Series
4. 3 Awareness video produced and shared



Thank you

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